



## **Health Matters – September 2020**

*An occasional update from  
Hoveton & Wroxham Medical Centre.*

### **“Where is everybody?”**

Everyone at the Practice hopes you are fit and well! Whilst we have remained open throughout the pandemic, some patients are concluding that we are not very busy at the moment because the waiting room is empty. This is not the case. We are still operating triage systems and telephone/video consultations to reduce the numbers needing face-to-face appointments. This is to protect patients and to protect our clinicians. We carefully manage patients through the Centre to minimise contact. Given the low numbers of infections in North Norfolk, it shows that risk reduction measures are working.

Your Medical Centre is busier than ever managing the backlog of medical problems that are coming forward post-lockdown and we are catching-up with the preventative medicine and health checks that were paused. We are also preparing for an intense flu vaccination campaign this winter, which starts at the end of September. And finally...we have the builders in! A long awaiting project to extend the building to increase our capacity starts at the end of September. Disruption will be minimised where we can.

***...so your continued tolerance and flexibility is appreciated.***

### **REFERRALS**

If you have been referred for any imaging and are awaiting an appointment please contact the relevant screening department below at the NNUH. You may have to leave a message but the hospital will get back to you directly. This may take a few days also.

Plain Film Appointments: 01603 286544 GP-referred Plain Film: 01603 286544 Outpatient-referred Plain Film: 01603 286048 Ultrasound Appointments: 01603 288478/ 01603 288469	DXA Appointments: 01603 288466 CT Appointments: 01603 286081 MRI Appointments: 01603 286107
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### **FLU IMMUNISATION CAMPAIGN**

- **We will contact you.** Over 65s, medically vulnerable groups and children's carers are being contacted now to book a flu appointment. The healthy 50 to 65s will be contacted in due course – probably November onwards depending on vaccine supply.
- **Our Clinics.** To maximise everyone's safety we will be conducting immunisation clinics behind the medical centre building in the shelter of our Gazebo tent. Please:
  1. be punctual.
  2. wear a mask when you attend the clinic.
  3. come dressed to enable our nurses to access your upper arm quickly.

***The latest updates on our flu immunisation campaign, including eligibility criteria, are on our website: [www.hovetonandwroxhammedicalcentre.nhs.uk](http://www.hovetonandwroxhammedicalcentre.nhs.uk)***